



THERMI[®]-O

WORKSHOP

ALINSOD INSTITUTE
for AESTHETIC VULVOVAGINAL SURGERY

RED ALINSOD, M.D., FACOG, FACS, ACGE

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WHAT IS THERMI-O?

Thermi-O is the combination of the revolutionary ThermiVa radio-frequency treatment with the O-Shot. Dr. Red Alinsod, developer and inventor of ThermiVa, has worked with Dr. Charles Runels, inventor of the O-Shot/Vampire/Lift/Priapus Shot, to develop an intensive day of advanced training for physicians, nurses, and PAs, only available at the Alinsod Institute for Aesthetic Vulvovaginal Surgery in Laguna Beach, California. This has been integrated into Dr. Alinsod's decade old and established training programs. The Alinsod Institute is proud to be the only center in the world to teach aesthetic vulvovaginal surgery, ThermiVa, and now the O-Shot and Vampire Lifts and Predictive Permeation/Dermoelectroporation.

ThermiVa has been FDA cleared for dermatologic uses and surgery and is safely used for vulvar and vaginal laxity, atrophic vulvovaginitis, mild to moderate stress incontinence, overactive bladder, orgasmic dysfunction, mild to moderate cystocele, fecal incontinence, and vulvar dystrophy. The O-Shot has been used for orgasmic dysfunction, stress incontinence, overactive bladder, and lichen sclerosus. The combination of the two revolutionary treatment holds great promise for advanced non-surgical approaches to aid in female incontinence, atrophic vulvovaginitis, reduced sensation, orgasmic dysfunction, and vulvar dystrophies. The course is specially designed for owners and users of ThermiVa and energy based devices. All attendees will receive full privileges and support from Dr. Alinsod and Dr. Runels and their teams. This training meets the requirements to join the tremendous marketing that O-Shot graduates receive from Dr. Runels and Dr. Alinsod. Attendees and their staff are welcome to return and retrain or advance their skills <https://oshot.info>.

ABOUT DR. ALINSOD

Dr. Red Alinsod completed medical training at Loma Linda University Medical Center in 1990. He served a 12-year Air Force career with 4 active duty years. Red has built a successful urogynecology, pelvic reconstructive surgery, and aesthetic vaginal surgery following. He is the Director and founder of South Coast Urogynecology and The Alinsod Institute for Aesthetic Vulvovaginal Surgery. His International teaching program is the first of its kind to combine both pelvic reconstructive and aesthetic principles together. He has trained many of the world's leading doctors and instructors in cosmetic gynecology and has presented his techniques worldwide. He is co-editor of *Female Cosmetic Genital Surgery, Concepts, Classification and Technique*, the seminal textbook for plastic surgeons and gynecologists in this rapidly growing field. He is the inventor of the "Barbie Look" and "Hybrid Look" Labiaplasty, Medial Curvilinear Labia Majoraplasty, Central and Lateral Clitoral Hood Reduction, In-office No-IV Labiaplasty, Perineoplasty, Vaginoplasty, Pudendo-Levator Block, and Dermoelectroporations for female genital use. He is the inventor and patent owner of the Lone Star APS Vaginal Retractor, APS Surgical Table, Alinsod Scissors, and various pelvic reconstructive devices and techniques such as Sling with Bladder Support and Implants and Procedures for Treatment of Pelvic Floor Disorders. Dr. Alinsod is the inventor and patent owner of ThermiVa, a radio frequency device for dermatologic conditions with specific use in feminine tissues. He heads the ThermiVa Center for Physician Education. Dr. Alinsod also specializes in non-surgical labial and vaginal tightening, treatment of stress incontinence, non-drug treatment of overactive bladder, atrophic vulvovaginitis, orgasmic dysfunction, and vulvar dystrophy. These disruptive and safer methodologies of treatments, developed by Dr. Alinsod, are changing the face of gynecology for the benefit of women worldwide. Dr. Alinsod welcomes your calls, emails, and inquiries.



COURSE CONTENT

Attendance Limit: 5

Workshop Price: \$5,000 (Regular)

\$2,500 (ThermiVa Owners)

Procedures Covered:

Predictive Permeation/Dermoelectroporation

Ouchless O-Shot, O-Shot

Labia Majora Tightening with ThermiVa

Labia Majora Enhancement with ThermiVa and PRP/PPP

Platelet Rich and Platelet Poor Plasma Strategies

Labial Fillers

Emsella HIFEM

Laser use in Aesthetic Gynecology

Amniotic Fluid for Regenerative Gynecology

2D and 3D Medical and Gynecologic Photography

Marketing Strategies, Social Media, and Internet Strategies

Conditions Covered:

Vulvovaginal Laxity

GSM/Atrophy/Dyspareunia

Stress Incontinence and Overactive Bladder Management

Orgasmic Dysfunction

Lichen Sclerosis and Vulvar Dystrophy

Vulvar Lightening Treatments

Fecal Incontinence

Combination Therapies

Course Schedule:

- Welcome Reception/Overview
- Syllabus/Flash Drive Handout
- Didactive Review and Videos
- Medical Photography with live models
- Live Cases: ThermiVa, O-Shot, and Predictive Permeation
- Live Cases: ThermiSmooth and Vampire Lift
- Lunch
- Live Cases: ThermiVa, O-Shot, and vulvar filling
- Live Cases: ThermiSmooth and Vampire Lift
- Vulvar Lightening strategies with creams, lasers, and Predictive Permeation
- Marketing and Communications Strategies
- Search Engine Marketing

Thermi-O workshops are on Mondays from 8 AM to 5 PM. For those with an interest in Aesthetic Vulvovaginal Surgery, a 2 and 4 day course can be integrated for a well rounded preceptorship. Advanced planning is needed. Please ask for more details.

Thermi-O graduates will have full access to Dr. Runels online teaching and review materials for a limited time free of charge and may choose to continue on a monthly subscription.



RESERVE YOUR THERMI-O SHOT TRAINING

Please fill out and **email** back to info@urogyn.org or **print and fax** to [949-499-5312](tel:949-499-5312)

General Information

First Name* _____

Last Name* _____

Street Address* _____

City* _____ State* _____ Zip* _____

Email* _____

Phone#* _____ Business# _____

Payment Information

Name on Card: _____

Card #: _____

EXP: _____ CVV: _____

Billing Address: _____

City: _____ State: _____ Zip: _____

Select Attendance Date

☐ April 15, 2019 ☐ May 20, 2019 ☐ June 10, 2019
☐ July 29, 2019 ☐ Oct 28, 2019 ☐ Dec 2, 2019

Travel Info

Airports: Santa Ana (SNA) or Los Angeles (LAX)

Hotels: Monarch Beach Resort (949) 234-3200

(use code: CURO for corporate rates)

Transporation: NeoCar Limo Service (949) 554-5572

Useful Links

www.thermiva.org | www.urogyn.org | <http://thermi-o.org>
<http://o-shottraining.org> | <http://www.oshot.info>

Returns

Graduates may return for a review course without charge upon advanced arrangement.

