

Designer vagina chat transcript with Dr. David Matlock

Ginger_9msn says: Welcome to the Good Medicine chat room. Unlike our regular chat rooms, this live interview is moderated. This means that all questions you type in are first sent to a host who decides which questions will be sent to our guest.

Ninemsn in association with Good Medicine presents a Live Interview with Dr. David Matlock MD, of the Laser Vaginal Rejuvenation Center of Los Angeles.

Dr. Matlock, welcome to our Good Medicine chat tonight. Thank you so much for joining us to answer our chatters' questions about this important and fascinating topic.

Dr_David_Matlock says: thank you very much.

Ginger_9msn says: Tracey says: Dr Matlock, I am due to have 'burch colposuspension' surgery for stress incontinence and was wondering if your laser surgery is better suited for this with the tightening also

Dr_David_Matlock says: The thing with burch procedure that is major surgical procedure performed through the abdomen. You will have a lot of discomfort and pain and a lot of down time, you will be out for 6 weeks. My procedure is an outpatient surgical procedure and can be used for the treatment of incontinence also and we can also enhance the sexual gratification at the same time.

Ginger_9msn says: Rob says, Dr Matlock, can the procedure cause scarring and deadening of the vagina?

Dr_David_Matlock says: This procedure we use the laser to perform all the cutting so therefore the laser is pinpoint, and delicate on the tissues and it promotes healing, minimal scarring. It gives the patient and doctor benefits it minimises blood loss bruising, swelling.

Ginger_9msn says: Canberra21 says, hello Dr. I have a skin condition .. .am 53, post-menopausal, and have lichen scl. Can the vaginal surgery help me?

Dr_David_Matlock says: Normally what we want to do is care for women who are normally sexually functioning women. We are very concerned about women who have other particular medical problems relating to the vagina and the vulva.

Ginger_9msn says: romed says: Dr David, what risks are associated with this procedure?

Dr_David_Matlock says: When we are talking about laser vaginal rejuvenation surgery. Let's put the risk into perspective. all of these

procedures are far safer than a woman having a baby. The risk like any surgery is hemorrhage and infections; the incidence of this is less than 1%.

Ginger_9msn says: Unhappy says: Dr, I have not had an orgasm in 5 years and I have to go to the toilet up to 10-15 times a day. Can this surgery help me?

Dr_David_Matlock says: A very important thing; we screen patients, and we want to make sure patients don't have a sexual dysfunction. It sounds like possibly this patient could have a sexual dysfunction.

Ginger_9msn says: Tracey says: Dr. when will this type of surgery be available in Australia?

Dr. David_Matlock says: Well, we have a tremendous amount of national and international media attention. We do have a lot of doctors in the USA and abroad who are interested in laser vaginal rejuvenation surgery. we are in the process of offering throughout the USA and various other countries, which are interested in starting. We welcome any gynecologist from Australia who would be interested in starting their own centre. All they have to do is contact us.

Ginger_9msn says: vj says: Do the pelvic exercises they tell us people with loose vaginas to do work or are we better to have your surgery??

Dr. David_Matlock says: That's Kegals. The thing is we have many patients that come to us who have done kegals for years and it does not do anything. I think that it is a cop out for the gynecologist to tell the patient to just do kegal. When she has so much vaginal relaxation kegal's won't do anything. What I recommend is that we do laser vaginal rejuvenation, correct the problem, use kegals for vaginal rehabilitation and vaginal health.

Ginger_9msn says: Dr Matlock, does 'Intra Vaginal Slingplasty' have any comparison to this surgery?

Dr_David_Matlock says: No it does not have any comparison to this surgery at all.

Ginger_9msn says: DeeDee says: Dr David, My pain threshold is very low. What sort of time-frame is there for post-operative pain and how is this pain managed?

Dr_David_Matlock says: We have in our program, developed many techniques and we are very concerned with pain control. One particular technique that we use provides long acting pain anesthesia and after surgery the patient is pain free for 18 - 24 hours. Then the pain is more a discomfort. Patients do not report pain inside, but they may note some pain outside the vagina and above the anus. This is controlled with ice packs and pain

medication.

Ginger_9msn says: Dr Matlock, I am a mother of 5 children the doctors say I have a bad prolapse. I would like to know if laser surgery can fix this?

Dr_David_Matlock says: It depends on how bad the uterine prolapse is, but if you have to have the uterus removed, you can have vaginal reconstruction because most likely you have relaxation of the rest of the vagina also. If the prolapse is not bad, you can just have laser vaginal rejuvenation.

Ginger_9msn says: Nicola says: Dr, I have enlarged Labia Minora and have contemplated for many years having some kind of surgery to have this fixed as it is something I find extremely unattractive about myself. It often makes me feel physically ill...not to mention uncomfortable. What procedure could you recommend and what kind of cost would I be looking at?

Dr. David_Matlock says: The second most popular procedure that we perform at the Laser Vaginal Rejuvenation Surgery of LA, is laser reduction labioplasty. We will aesthetically sculpture the labio minora according to your specifications. We know and understand what women want from this procedure. We treat many patients from out of the country, the cost for all of the procedures are inclusive of the surgical centre, anesthesiologist surgical assistant, surgeon and follow up. The cost range depending on the extent of the procedure from \$3,500 to \$5,000 (\$US) and you could return home in 48 hours.

Ginger_9msn says: rosebud says: Dr I am thinking of having my vagina tightened, how will this effect childbirth? Should I wait till after I have a child?

Dr_David_Matlock says: We have patients that have had children that come in to have the surgery and are considering having more children. What we tell the patients, is that you're just starting over. Our goal is to bring the woman back to a point where she is post virginal and pre-child baring.

Ginger_9msn says: Michelle2 says: My clitoris is almost totally hidden. Can it be surgically exposed?

Dr. David_Matlock says: We don't perform any type of clitoral procedures, what we will do, is perform a reduction of the prepuce, which is the skin over the clitoris.

Ginger_9msn says: I have had a hysterectomy, oophorectomy and of course cervix. I now find that often my partner bumps into the end of my vagina causing considerable discomfort. Can I have my vagina lengthened?

Dr. David_Matlock says: This is a difficult problem, and the most important thing is that when the gynecologist performs the hysterectomy that he

moved a minimum amount of vagina a minimum to none of the vagina otherwise the vagina can be shortened.

Ginger_9msn says: vj says: Dr. Matlock, does this procedure in any way affect your period?

Dr. David_Matlock says: It has nothing to do with your period.

Ginger_9msn says: Filo says: What is the healing time after surgery?

Dr. David_Matlock says: The patient is completely healed in 6 weeks. Most patients return to work within 5 days. They can travel in 4 days. We ask that the patient abstain from sexual intercourse for 6 weeks, they can resume oral sex much quicker.

Ginger_9msn says: can Dr tell me about problem with glands at vagina entrance causing discomfort during intercourse?

Dr. David_Matlock says: Well it depends on what glands you're talking about? Its difficult to assess this, sorry.

Ginger_9msn says: Dana says: hello Dr, I would like to know if surgery can help to bring back feeling in my vagina?

Dr. David_Matlock says: Yes it can, if you have vaginal relaxation. Purpose of laser vaginal rejuvenation is to effectively enhance vaginal muscle tone strength, control and effectively decrease internal and external vaginal diameters and build up the perennial body. According to Masters and Johnson, sexual gratification for the female is directly related to the amount of frictional force that is generated. We can obtain this with the surgery.

Ginger_9msn says: Jenni says: Dr Matlock, are any of these genital enhancement procedures at all relevant to Transsexuals? Do they help in constructing a realistic Vagina?

Dr. David_Matlock says: In our facility, we do not offer any services to transsexuals.

Ginger_9msn says: vj says: Dr. Matlock, can the hymen surgery be performed more than once? Can any of your procedures?

Dr. David_Matlock says: The hymen reconstruction can be performed more than once and I can say we do have repeat business on that.

Ginger_9msn says: sheba says: If I go to my local G.P. what would be the name of the operation to tighten the vagina be called in medical terms?

Dr_David_Matlock says: Your local GP is not a person to perform or discuss

these types of procedures. Laser Vaginal Rejuvenation is a modification of a standards existing gynecologic surgical procedure called Antira and poster called colporrathy.

Ginger_9msn says: tranquillity_reigns says: does the doctor take tutorials from the partners of the women who have had these procedures.....and what do they think....I mean do men feel funny having sex afterwards with a women who has vaginal reconstruction?

Dr. David_Matlock says: No we do have many of the patient's partners who come in and openly and willingly participate in her care. Obviously, if I can enhance sexual gratification for the female, we are enhancing sexual gratification for the male also.

Ginger_9msn says: Datto says: Have you had any patients complain of being too tight after the surgery, causing pain during sex?

Dr. David_Matlock says: I think this is a very important point. We take great strides to make sure that this does not happen. Every patient is treated as an individual with individual needs are assessed and we actually ask the patient how tight she wants to be. We also discuss the matters about her partner also. In our detailed approach, we don't have this problem.

Ginger_9msn says: tulip says.. would surgery help painful intercourse, and bleeding after sex. there is a tear at the base of my vagina that won't heal and I need help with it, thankyou.

Dr. David_Matlock says: No this won't help. Patients have to understand that we are very concerned about patients who may have sexual dysfunction, we would be doing a disservice to patients with sexual dysfunctions. Sexual dysfunctions are painful intercourse patients who do not have orgasm amongst other things. These patients may require and can require years of care with psychiatrists, sex therapists etc.

Ginger_9msn says: Daisy says: Dr. D, Is the reason for the large labia a hormonal imbalance?

Dr. David_Matlock says: Hormonal balance is nothing to do with enlarged labia minora..

Ginger_9msn says: nat says: Dr., can you get pictures of labioplasty on the net before/after pictures or on your website?

Dr. David_Matlock says: We do take before and after pictures but for our personal records only we do not provide these over the internet. We do have reference material, for patients who are in our office to look at. We also have a wonderful self help group of women who have had these procedures who are willing to talk to women and discuss their experience.

Ginger_9msn says: tracey says: Dr Matlock, how does this procedure assist with stress incontinence?

Dr. David_Matlock says: This procedure assists with stress incontinence by restoring the bladder and the bladder neck in its proper intrabdominal position to go further into these explanations, is beyond the scope of this chat session

Ginger_9msn says: Kat says: How old are the majority of people that have a rejuvenation on their vaginas, what are the mandatory requirements to have the surgery?

Dr. David_Matlock says: Our age group for all the procedures range from 20 to early 50's. At our Beverly Hills population the mandatory requirements depends on the person's history and physical exam.

Ginger_9msn says: adriana_bainbridge says: Dr Matlock, what about help for people suffering from vulvodynia? Is there any benefit for them?

Dr. David_Matlock says: Vulvodynia is a very complex problem. Our surgery has nothing to do with that. We do not want to create any problems...

Ginger_9msn says: Datto says: Dr David...how long do the benefits of this surgery last....will the muscles stay in their new tighter form permanently?

Dr. David_Matlock says: After this procedure is done, it is permanent.

Ginger_9msn says: curious says: Dr Matlock can a prolapsed vagina be fixed with laser surgery?

Dr. David_Matlock says: No for prolapsed vagina, you need more extensive surgery. You would not be a candidate for this.

Ginger_9msn says: sammy says: dr D if you were a women who was unfortunate that could not retrieve orgasm this surgery would help have a better sexual relationship?

Dr. David_Matlock says: Again, these problems are more in the rim of sexual dysfunction. Our concern at our centre is to treat women who have normal sexual functioning. Above all, we want to do no harm to anyone; your problem is a complex problem.

Ginger_9msn says: Dr Matlock, what about help for women suffering from vestibulitis?

Dr. David_Matlock says: Again, these are gynecological conditions. You should not have this procedure.

Ginger_9msn says: how long does it take the vagina to heal after giving birth having being ripped/cut?

Dr. David_Matlock says: The genital urinary tract is back to normal in 6 weeks.

Ginger_9msn says: but what about the tear, it's physical and is worse after sex, is my vagina possible too small, and would surgery help to enlarge it at all

Dr. David_Matlock says: Your problem is really beyond the scope of this chat session. You need to seek consultation with your primary gynecologist.

Ginger_9msn says: panic says: I haven't had any children but I have some vaginal relaxation and I would like to enhance vaginal muscle tone and strength as well as decrease the vaginal diameter. Can I have the procedure?

Dr. David_Matlock says: We do have patients who do not have children and come in on an individual basis and we will perform laser vaginal rejuvenation for them. These patients only need to have the bottom part of the vagina worked on.

Ginger_9msn says: Are there any age barriers to this surgery...can a woman be too old for the procedure?

Dr.David_Matlock says: It depends on how old she is.

Ginger_9msn says: Dr D do you think that a lot of the sexual improvement is due to women THINKING that they will enjoy sex more because they are tighter?

Dr. David_Matlock says: No, in our preliminary research study, women in general have reported that this procedure enhances sexual gratification. Some even report that the frequency and intensity of orgasm increases.

Ginger_9msn says: does being infected with human papoloma virus affect your eligibility for this surgery as I have been told 80% of the female population is infected?

Dr. David_Matlock says: This is not a problem. These patients can have this surgery..

Ginger_9msn says: Dr Matlock, what would be involved with coming over to you to have this procedure done?

Dr. David_Matlock says: We have an excellent program for patients who are out of the country and we have complete accommodations for the patient.

The patient would have to remain in LA for about 4 days and they would be able to return home thereafter and you can start this process by calling the office and I will personally give them a telephone conversation: 0011 1 310 8599052, website is: www.drmatlock.com

Ginger_9msn says: I get no stimulation of the clitoris through penetration. Is it possible to reposition it closer to the opening of the vagina to gain stimulation and reach orgasm.

Dr. David_Matlock says: No.

Ginger_9msn says: and now our final question for you Dr. Matlock, beauty says: Dr, what in your eyes does a perfect vagina look like?

Dr. David_Matlock says: Well I know it when I see it.

Ginger_9msn says: Dr Matlock thank you so much for joining us in what is the middle of the night for you.

Dr. David_Matlock says: Thank you very much..

Ginger_9msn says: This concludes our Good Medicine Live Chat with Dr. David Matlock, 15th March 2000