



## GOOD FAITH EXAM FOR BOTOX INJECTIONS

**Client Name** \_\_\_\_\_ **DOB** \_\_\_\_\_ **DATE** \_\_\_\_\_

### History

Do you have:

Hypersensitivity to Botulinum A toxin products	YES	NO
Infection at the proposed injection site(s)	YES	NO
Bleeding Disorders	YES	NO
Cardiac Disease	YES	NO
Active Skin Disease	YES	NO

Do you or a family member have:

Amyotrophic Lateral Sclerosis	YES	NO
Motor Neuropathy	YES	NO
Myasthenia Gravis	YES	NO
Lambert-Eaton Syndrome	YES	NO
Facial Nerve Palsy	YES	NO

Are you:

Pregnant	YES	NO
Breast-feeding	YES	NO

### Medications

Do you take or have recently been on any of the following medications:

Warfarin or Anti-Platelet Agents	YES	NO
Quinidin	YES	NO
Aminoglycosides	YES	NO
Magnesium Sulfate	YES	NO
Curare-like Nondepolarizing Blockers	YES	NO
Anticholinesterases	YES	NO
Lincosamides	YES	NO
Succinylcholine Chloride	YES	NO
Polymyxins	YES	NO

### Physical

Glabellar lines smoothed out by physically spreading them apart	YES	NO
Skin infection at site of injection	YES	NO
Evidence of muscular atrophy	YES	NO
Evidence of petechia or bruising	YES	NO
Facial Asymmetry	YES	NO
Ptoxis	YES	NO
Deep dermal scarring	YES	NO
Thick sebaceous skin	YES	NO
Dermatochalasis (excessive redundant skin)	YES	NO

**MD/PA:** \_\_\_\_\_ **Date** \_\_\_\_\_



**NAME:** \_\_\_\_\_ **Date of Birth:** \_\_\_\_\_

## **CONSENT TO BOTOX® BOTULINUM TOXIN “A” TREATMENT**

Botox® a neurotoxin produced by the bacterium Clostridium A. Botox® can relax the muscles on areas of the face and neck which cause wrinkles associated with facial expressions. Treatment with Botox can cause your facial expression lines or wrinkles to essentially disappear. Areas most frequently treated are: a) glabellar area of frown lines, located between the eyes; b) crow's feet (lateral areas of the eyes); and c) forehead wrinkles. Botox is diluted to a very controlled solution and when injected into the muscles with a very thin needle, it is almost painless. Clients may feel a slight burning sensation while the solution is being injected. The procedure takes about 15-20 minutes and the results last 3-6 months. With repeated treatments, the results may tend to last

### **RISKS AND COMPLICATIONS**

It has been explained to me that there are certain inherent and potential risks and side effects in any invasive procedure and in this specific instance such risks include but are not limited to : 1) Post treatment discomfort, swelling, redness, and bruising, 2) Post treatment bacterial, and/or fungal infection requiring further treatment, 3) Allergic reaction, 4) Minor temporary droop of eyelid(s) in approximately 2% of injections, this usually lasts 2-3 weeks, 5) Occasional numbness of the forehead lasting up to 2-3 weeks, 6) Transient headache, and 7) Flu-like symptoms may occur.

### **PHOTOGRAPHS**

I authorize the taking of clinical photographs and their use for scientific purposes both in publications and presentations. I understand my identity will be protected.

### **PREGNANCY, ALLERGIES & NEUROLOGIC DISEASE**

I am not aware that I am pregnant and I am not trying to get pregnant, I am not Lactating (nursing), have any significant Neurologic disease including but not limited to Myasthenis Gravis, Multiple Sclerosis, Lambert-Eaton Syndrome, Amyotrophic Lateral Sclerosis (ALS), Parkinson's or that I have any allergies to the toxin ingredients, or to human albumin.

### **PAYMENT**

I understand that this procedure is cosmetic and that payment is my responsibility.

### **RESULTS**

I am aware that when small amounts of purified botulinum (“BOTOX®”) are injected into a muscle it causes weakness or paralysis of that muscle. This appears in 2 – 7 days and usually lasts 3-6 months but can be shorter or longer. In a very small number of individuals, the injection does not work as satisfactorily or for as long as usual. I understand that I will not be able to “frown” while the injection is effective but that this will reverse after a period of months at which time re-treatment is appropriate. I understand that I must stay in the erect posture and that I must not manipulate the area of the injection for the 2 hours post-injection period.

I hereby voluntarily consent to treatment with Botox® injection for the condition known as: Facial Dynamic Wrinkles. The procedure has been explained to me. I have read the above and understand it. My questions have been answered satisfactorily. I accept the risks and complications of the procedure. certify that if I have any changes occur in my medical history I will notify the office.

**Patient Signature** \_\_\_\_\_ **Date** \_\_\_\_\_

**Witness Signature** \_\_\_\_\_ **Date** \_\_\_\_\_



NAME: \_\_\_\_\_ D.O.B. \_\_\_\_\_ DATE: \_\_\_\_\_

## **BOTOX TREATMENTS**

### **Instructions**

#### **Pre-treatment requirements:**

It is prudent to follow some simple guidelines before treatment that can make all the difference between a fair and great result, by reducing some possible side effects associated with the injections. We realize that this is not always possible. However, minimizing these risks is always desirable.

- Avoid Alcoholic drinks at least 24 hr before treatment (Alcohol may thin the blood increasing risk of bruising.
- Avoid Anti-inflammatory / Blood Thinning medications ideally, for a period of two (2) weeks before treatment. Medications and supplements such as Aspirin, Vitamin E, Ginkgo Biloba, St. John's Wort, Ibuprofen, Motrin, Advil, Aleve, Vioxx, and other NSAIDS are all blood thinning and can increase the risk of bruising/swelling.
- Schedule Botox® appointment at least 2 weeks prior to a special event which may be occurring, i.e., wedding, vacation, etc. etc. It is not desirable to have a very special event occurring and be bruised from an injection which could have been avoided.

#### **Post treatment requirements:**

The guidelines to follow post treatment have been followed for years, and are still employed today to prevent the possible side effect of ptosis. These measures should minimize the possibility of ptosis almost 98%.

- No straining, heavy lifting, vigorous exercise for 2-3 hours following treatment. It is now known that it takes the toxin approximately 2 hours to bind itself to the nerve to start its work, and because we do not want to increase circulation to that area to wash away the Botox® from where it was injected. *This waiting period continues to be recommended by most practitioners.*
- Avoid Manipulation of area for 3 hours following treatment. (For the same reasons listed above.) This includes not doing a facial, peel, or micro-dermabrasion after treatment with Botox®. A facial, peel, or micro-dermabrasion can be done in same appointment only if they are done before the Botox®.
- Facial Exercises in the injected areas is recommended for 1-hour following treatment, to stimulate the binding of the toxin only to this localized area.
- It can take 2-14 days to take full effect. It is recommended that patient contact the office 2 weeks after treatment if desired effect was not achieved.
- Makeup can be gently applied before leaving the office.
- Retin-A, Glycolic acid, Vitamin C, and Kinerase can be used, but avoiding the Botoxed areas for 24 hours.

**I certify that I have been counseled in post treatment instructions and have been given written instructions as well.**

Patient Signature \_\_\_\_\_ Date \_\_\_\_\_

Witness Signature \_\_\_\_\_ Date \_\_\_\_\_