



POTASSIUM SENSITIVITY TEST

Patient Name: _____ **DOB** _____ **Date:** _____

INDICATION: Urgency, frequency, pelvic pain, pelvic discomfort

HISTORY: _____

PROCEDURE: Betadine prep of urethra performed followed by sterile catheterization with a 10 French catheter.

Residual urine : _____ cc.

Solution 1: 40 mL of sterile water/saline is slowly instilled over 2 minutes and retained and then withdrawn.

Pain: _____ Urgency _____

Solution 2: 16-mEq of KCL in 40 mL (40 mL 0.4M KCL) of sterile water is slowly instilled into the bladder and allowed to remain 5 minutes.

_____ Immediate Pain - Bladder drained rapidly and washed with 60 mL H2O.

Pain: _____ Urgency _____

Solution 3: 20 mL of 1% lidocaine, 10,000 units of heparin and 2 mL of NaHCO3

ASSESSMENT:

- PLAN:**
- _____ IC Diet discussed and handout given to patient
 - _____ Elmiron 200mg PO BID, 3 month supply, 3 refills (R/B/O Discussed)
 - _____ Elavil 25 mg PO qHS, #90, 3 refills (R/B/O Discussed)
 - _____ Atarax 25 mg PO BID to TID, # 90, 3 refills (R/B/O Discussed)
 - _____ Detrol LA 4mg, 1 PO qHS, #90, 3 refills (R/B/O Discussed)
 - _____ Ditropan XL 10mg, 1 PO qHS, #90, 3 refills (R/B/O Discussed)
 - _____ Enablex 15 mg, 1 PO qHS, #90, 3 refills (R/B/O Discussed)
 - _____ Vesicare 5 mg, 1 PO qHS, #90, 3 refills (R/B/O Discussed)
 - _____ Ibuprofen 800 mg, 1 PO Stat (R/B/O Discussed)
 - _____ Darvocet N-100, 1 - 2 PO q 4hrs prn pain, #30, No refills (R/B/O Discussed)
 - _____ Pelvic Floor Stimulation Therapy (10 - 15 Sessions)
 - _____
 - _____

RTC in _____ wks

SIGNATURE _____ **DATE** _____

Red M. Alinsod, M.D., FACOG, ACGE