

POST-OP GYN ORDERS

Red M. Alinsod, M.D.

1. Admit to _____ when stable.
2. ___ Discharge home today when stable.
___ Discharge home tomorrow when stable.
___ Discharge home this PM or in AM when stable.
3. Diagnosis:
4. Condition:
5. Vitals per routine, Strict I & O
6. Allergies:
7. Diet: ___ Clear liquids, advance as tolerated
___ Regular diet as tolerated
___ NPO
8. ___ IV D5 LR TRA 125 cc/hr, D/C when tolerating POs
___ IV D5/.45 NS with _____ meq KCL per liter at _____ cc/hr.
___ IV Heplock, D/C when tolerating POs
9. Incentive Spirometry 10X q hour while awake.
10. Pneumatic compression stockings until fully ambulatory.
11. Foley to gravity until ambulatory then place 300 cc NS into bladder and remove Foley. Ask patient to void immediately after Foley removal.
-Keep Foley out if she voids at least 200cc and F/U in 2 weeks
-Replace Foley if she voids less than 200 cc and F/U in 2 days
12. ___ D/C Foley
13. ___ CBC and Lytes in AM.
14. Medications:

Pain: ___ Darvocet N-100, 1-2 PO q4 hours prn pain
___ Tylenol #3, 1-2 PO q4 hours prn pain
___ Vicodin ES, 1-2 PO q4 hours prn pain
___ Demerol 50 mg and Vistaril 50 mg IM q3 hours prn pain
___ PCA Pump (See Orders)

Nausea ___ Zofran 4 mg PO or slow IVP q6-8 hours prn nausea
___ Compazine 10 mg PO or IM q6 hours prn nausea
___ Phenergan 25 mg slow IVP q4 hours prn nausea

Antibiotics ___ Cipro 250 mg PO BID
___ Levaquin 500 mg PO q Day
___ Keflex 500 mg PO QID

Other ___ Dalmane 15 mg PO q HS prn insomnia
___ Colace 100 mg PO BID
___ Mylicon 80 mg, 2 PO BID
___ E2 or Premarin cream, 1 applicator vaginally q HS

 Date Time RN Date Time MD