

South Coast Medical Center welcomes to town the highly respected

women's health physician

Red M. Alinsod, M.D., FACOG, ACGE

Urogynecologist & Reconstructive Pelvic Surgeon

Dr. Alinsod, who specializes in urogynecology and reconstructive pelvic surgery, has relocated his successful Southern California practice to the beautiful city of Laguna Beach.



gynecology

Dr. Alinsod excels in the diagnosis and treatment of all gynecologic conditions including:
Pelvic pain • Abnormal bleeding • Fibroids and ovarian cysts • Basic Infertility • Gynecologic Infections

urogynecology & reconstructive pelvic surgery

Dr. Alinsod offers diagnosis and treatment of:

- Urinary incontinence, failed prior surgeries, overactive bladder
- Pelvic Organ Prolapse of the vagina, bladder, rectum, bowel, and uterus

aesthetic vaginal surgery

Dr. Alinsod is trained in the highly specialized surgery to restore and enhance the appearance and function of the vaginal area for patients who have experienced such things as traumatic childbirth, improper surgical healing, and vaginal looseness. He has developed and pioneered many innovative techniques in this newly evolving field of cosmetic vaginal surgery including the advanced use of lasers and meshes.

minimally invasive surgery

Dr. Alinsod's surgical focus is on innovative outpatient and overnight surgeries. Surgeries include advanced laparoscopy, laparoscopic hysterectomy, laparoscopic fibroid removal, laser ablation and removal of endometriosis, hysteroscopy, endometrial resection and ablation, "TVT" slings, trans-obturator slings, Posterior IVS vaginal suspensions, and mesh repairs of prolapsed pelvic organs. Non-invasive outpatient vaginal rejuvenation is also offered using a variety of lasers.

about Dr. Alinsod

Dr. Alinsod graduated from Loma Linda University School of Medicine and completed his OB/GYN residency at Loma Linda University Medical Center. He was the first Rutledge Fellow at MD Anderson Cancer and Tumor Institute and was also selected as a Galloway Fellow at Memorial Sloan Kettering Medical Center. He was selected as a gynecologic oncology fellow at Yale University but changed his surgical focus to benign surgical gynecology. He was also a former Major in the United States Air Force Medical Corp. Dr. Alinsod trains physicians from major universities all over the world in incontinence and pelvic reconstructive surgery. He is a clinical instructor for Harbor UCLA's Urogynecology Fellowship. The distinguished physician lives in Southern California with his wife and three children.

patient friendly appointments

Dr. Alinsod is accepting new patients and participates in most major insurance plans. Flexible office hours offered for early morning and late evening appointments. Outpatient surgeries are offered on Monday, Tuesday, and Friday mornings.

- Dr. Alinsod is happy to perform surgeries with a referring physician, if he or she wishes
- Patients are cared for in a very personal and expedited manner, with full care plans and recommendations sent rapidly to the referring physician

To introduce yourself or to refer a patient for care, call the number below, or view Dr. Alinsod's website.

www.urogyn.org

949.499.5311 or 877.4.UROGYN

South Coast
Medical Center



South Coast Urogynecology, The Women's Center, 31852 Coast Highway, # 200, Laguna Beach, CA 92651