

AESTHETIC VAGINAL SURGERY COURSE OUTLINE
PRIVATE COURSE
Laguna Beach, CA

By Red M. Alinsod, M.D., FACOG, FACS, ACGE

MONDAY: POP DIDACTIC LECTURES/VIDEOS/SURGERY

Time: 7 AM to 5 PM

Welcome and Introduction

Statistics

Anatomy Review

Pre-Op Evaluation

Pelvic Prolapse Repair

Perineoplasty Review

Vaginoplasty

Videos

Integration of Pelvic Prolapse Repairs and Vaginal Rejuvenation

LUNCH

Surgery #1

Surgery #2

Post-Op Care

Complications Management

Q&A

TUESDAY: LABIAPLASTY DIDACTIC LECTURES/VIDEOS/SURGERY

Time: 7 AM to 5 PM

Welcome and Introduction

Statistics

Anatomy Review

Pre-Op Evaluation

Medical Photography

Procedure Techniques

 Labia Minora Plasty

 Labia Majora Plasty

 Clitoral Hood Reduction

Hymenoplasty

Anesthesia Protocols

Videos

LUNCH

Surgery #1

Surgery #2

Post-Op Care

Vaginal Softening/Stretching Exercises

Complications Management

Q&A

WEDNESDAY: VAGINOPLASTY DIDACTIC LECTURES/VIDEOS/SURGERY

Time: 7 AM to 5 PM

Welcome and Introduction
Forms and Consents
Equipment and Set-up
Hands-on Medical Photography
Surgery #1
Surgery #2
Q&A and Review
Lab with Surgical Tools

THURSDAY: OFFICE AESTHETICS

Time: 7 AM to 5 PM

Welcome and Introduction
Aesthetic Lasers Intro
 Lasers/IPL Treatments of Patients
Botox Intro and Treatments
Fillers Intro and Treatments
Medical Malpractice Issues
Marketing Strategies
Practice Support
Q&A